



### Girls' basketball team goes up against State College for district title

This year the girls' basketball team will be proceeding to the District VI championship against State College.

The team finished their regular season with a record of 12-10.

The girls are coached by Christopher Fleegle, Amy Palfey and Trevor Robinson.

"When you move past our win-loss record and look at the growth of the girls, not only as basketball players but as people we have improved as the season went on," Fleegle said.

Fleegle, Palfey and Robinson preach togetherness to the girls. They taught the girls to replace the "I" with "We."

"During the Hollidaysburg game at their gym, there was a moment in that game where Caranda [Perea] got fouled and

knocked to the floor. As soon as she hit the floor four of her teammates sprinted over to help her get back to her feet. At that point I knew we were starting to come together as a team. Another moment was playing in the North Allegheny Shoot Out over Christmas break. North Allegheny ranked third in the State in 6A was our first game. We didn't get off the bus all that well and started the game down 20 points. They never gave up; the attitude of this group of girls had them fight back into that game to make it a five point with under a 1:30 left in the game. Unfortunately we dug ourselves too big of a hole. We as a coaching staff were very happy with their 'never give up attitudes,'" Fleegle said.



### Swim team moves on to district competition



This year the swim team will be attending the 2020 PIAAA District VI Swimming and Diving Championships.

Nannette and Alex Cummings coached the swim team this year.

The swimming team has a record of 4-7.

"We could have had more wins, but we have a lot of new swimmers who will hopefully build the team next year," N. Cummings said.

N. Cummings had multiple moments that stuck out to her this season.

"Jacob Steinbugl qualified for districts at our last meet, Patryck Webster consistently dropping time, Brennan Dugan swimming his 100 butterfly and Karena Kauffman passing out at the Hollidaysburg meet but still finishing her event. Jared Markel, Rusty Focht, Anastasia Slobodnika and Emma Fraundorfer all stand out as key players for the season," N. Cummings said.

#### Season Records

Girls' Basketball: 12-1 Swim teams: 4-7



### Wrestling team moves forward to districts

This year the wrestling team will be moving forward to their District VI Wrestling Tournament.

The team is coached by Joel Gilbert.

Gilbert spoke of the progress the team has made this year so far.

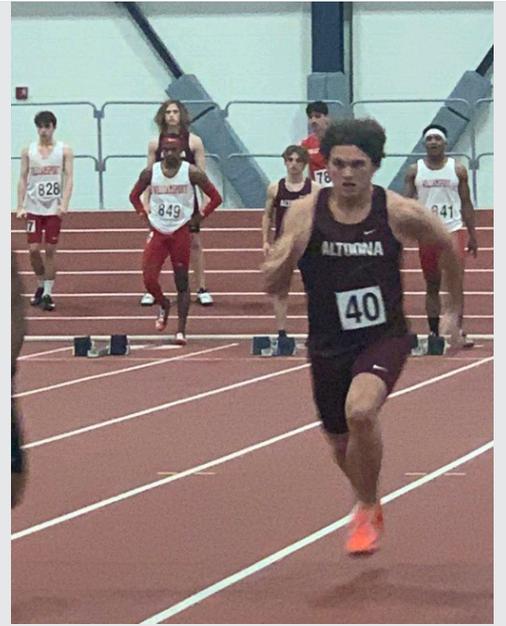
“Matt Sarbo, if he wins all three matches on Saturday [District VI Wrestling tournament], will be one of the sixth wrestlers to ever accomplish 100 wins in a career with still a year to go,” Gilbert said.

Gilbert believes in pushing his athletes to the limit.

“I want to know your limitations. That’s my philosophy,” Gilbert said.

\*\*\* Sarbo accomplished his 100th win Feb. 22.

### Indoor Track



### Multiple athletes move on to indoor state championships

This year the indoor track team qualified several individuals for the state championships.

“Girls’ 4x200m relay team of- Brooke Long, Sarah Graham, Maura Kiser and Darrian Berkheimer qualified for indoor states and broke the school record,” head coach Mike Adams.

The boys’ and girls’ 4x400 relay teams both qualified for states.

“The girls 4x400m team of Sarah Graham, Maura Kiser, Ashtyn Hileman and Darrian Berkheimer broke the school record but did not qualify

The future is bright

“Five of our seven varsity runners are returning next season.”

to qualify some more athletes who are really close,” Adams said.

for the state championships. Our boys have qualified the 4x400m relay team of Giovanni Futrell, Austin Kravetz, Andrew Donlan and Aydan Summers,” Adams said.

The team will be going to states on March 1.

“We have one more chance

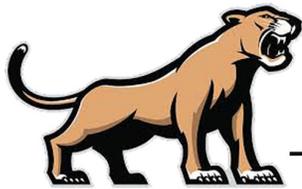


### Record Breakers

Girls’ 4x200m relay team: Brooke Long, Sarah Graham, Maura Kiser and Darrian Berkheimer

Long jump: Brooke Long  
200m and 400m: Darrian Berkheimer

Girls’ 4x400m team: Sarah Graham, Maura Kiser, Ashtyn Hileman and Darrian Berkheimer



“We hope to complete next year with an undefeated season like we have for the past nine years,” Biseli said.



### Gymnastics team maintains undefeated record

The girls’ gymnastics team completed their ninth undefeated season. The team consists of 21 gymnasts in grades nine through 12.

“Although we are losing some good seniors we will be returning with a lot of letterman juniors and sophomores,” head coach Mark Biseli said.

The team will be heading to districts on Feb. 21 through the 22.

This year 15 girls will be heading to Moon where the competition will be held.

“We hope to complete next year with an undefeated season like we have for the past nine years,” Biseli said.



### Boys’ basketball team advances to District competition

The boys’ basketball team ended their season with a record of 10-12 before Districts. They boys’ played in the Mid Penn Commonwealth league.

“The season is going very well. We have improved week to week all season in many different areas of the game. We were extremely competitive all season long in one of the toughest leagues in the state,” head coach Jarrod Klausmen said.

The team played Hollidaysburg on Jan. 1.

“There were several great moments during the season, but the one that sticks out the most is the home win against

Hollidaysburg. To battle from behind to earn such a gritty win in front of a huge crowd at the Field House was a great feeling for our players and coaches,” Klausman said.

The team versus State College this year at the District Six championship.

“We will continue to focus on getting better each and every day in different areas of the game. We will work extremely hard to continue to move the program in the right direction, and continue to expect success every night we step on to the floor,” Klausman said.



Boys’ Basketball  
Record : 10-12

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